



# 2017 SINGAPORE HIGH FLYERS MEET

## 9<sup>TH</sup> SEPTEMBER 2017

~ THE ONLY WAY IS UP ~



### 1. COMPETITION INFORMATION

- 1.1 Competition Date – 9 September 2017
- 1.2 Competition Time – 9:00am – 1pm
- 1.3 Competition Venue – Home of Athletics
- 1.4 Registration Fee
  - 1.4.1 \$5 per athlete per category
  - 1.4.2 Payment to be made via bank transfer to POSB Savings 039-26349-1 or PayNow to 98796227.
  - 1.4.3 There will be no refund of entry fees for any withdrawal/no-show, or if the event is cancelled due to bad weather on event day itself.
- 1.5 Please collect number tags and goodie bags at least 45 mins before your event on the day of the competition at our booth.
- 1.6 Booth will be open at 8:00am on 9 September 2017. Check Appendix A for map.

### 2. CATEGORIES

- 2.1 Men's High Jump A – start height 1.60m
- 2.2 Women's High Jump A – start height 1.35m
- 2.3 Men's High Jump B – start height 1.35m
- 2.4 Women's High Jump B – start height 1.15m

### 3. ELIGIBILITY

- 3.1 Competition is open to locals and foreigners. We are an inclusive bunch!
- 3.2 There is no minimum age for this competition. Everyone is welcome!
- 3.3 There is no limit to the number of athletes each school or club can register for each category.
- 3.4 Each athlete can only participate in 1 category.

### 4. SUBMISSION OF ENTRIES

- 4.1 Complete entries (all compulsory fields filled) are to be submitted by 4 September 2017 via the registration form found on our website [here](#) and emailed to [singaporehighjump@gmail.com](mailto:singaporehighjump@gmail.com) after payment has been made.
- 4.2 Payment is to be made via bank transfer to POSB Savings 039-26349-1 or PayNow to 98796227.
- 4.3 Please follow the instructions on the website and make life easier for us.
- 4.4 Strictly no changing of categories once the start list is published.
- 4.5 Singapore High Jump will send an acknowledgement via email upon receipt of entries and payment. Please ensure that a valid email address is submitted in your entry form. Kindly inform Singapore High Jump if you do not receive any confirmation within 3 working days of your submission and payment.

## 5. COMPETITION SCHEDULE

Time	Category	Competition Stage*
9:00 am	Women's High Jump A	High Jump Mat 1
9:00 am	Men's High Jump B	High Jump Mat 2
10:45 am	Prize presentation for Women's A and Men's B	
11:00 am	Men's High Jump A	High Jump Mat 1
11:00 am	Women's High Jump B	High Jump Mat 2
12:45 pm	Prize presentation for Men's A and Women's B	

Note: Schedule is tentative and may change once entries are finalised.

\*View Appendix A

## 6. COMPETITION RULES

6.1 According to the rules established by the latest rules and regulations of IAAF. We promise it will still be fun.

6.2 Results from this competition are not official as we will not be hiring officials for the competition. We are working on a volunteer basis.

## 7. COMPETITION FORMAT

### 7.1 Minimum Entries

In order for the event to proceed to competition, there must be a minimum of 3 athletes.

### 7.2 Athletes Reporting Time

Please report directly to the high jump area 30 mins before the start of the competition.

### 7.3 Markers

Athletes may use a maximum of 2 markers.

### 7.4 Competition Procedures

7.4.1 Please wear your bib number on your chest so that we can identify you.

7.4.2 Competitors shall take their trials in the order printed in the programme, unless otherwise decided by the official.

### 7.5 Height Progression

#### 7.5.1 Men's High Jump A

Practice heights: 1.50m, 1.60m & 1.70m

Competition heights: 1.60m progress 5cm until left with 3 athletes remaining, progress 3 cm until 2 athletes remaining and 2cm until 1 athlete remaining.

#### 7.5.2 Women's High Jump A

Practice heights: 1.25m, 1.35m & 1.45m

Competition heights: 1.35m progress 5cm until left with 3 athletes remaining, progress 3 cm until 2 athletes remaining and 2cm until 1 athlete remaining.

#### 7.5.3 Men's High Jump B

Practice heights: 1.25m, 1.35m & 1.45m

Competition heights: 1.35m progress 5cm until left with 3 athletes remaining, progress 3 cm until 2 athletes remaining and 2cm until 1 athlete remaining.

#### 7.5.4 Women's High Jump B

Practice heights: 1.05m, 1.15m & 1.25m

Competition heights: 1.15m progress 5cm until left with 3 athletes remaining, progress 3 cm until 2 athletes remaining and 2cm until 1 athlete remaining.

## 8. COMPETITION ATTIRE

Please wear whatever makes you happy. We are happy as long as you are happy.

## 9. COMPETITION JURISDICTION

- 9.1 Singapore High Jump reserves the right to interpret and amend the rules and regulations of the competition at any time. Notifications of such changes will be posted on our website. All participants are advised to visit the website for any notices or updates.
- 9.2 If an athlete makes an immediate oral protest against having a trial judged as a failure, the official of the event may, at his discretion, order that the trial be measured and the result recorded, in order to preserve the rights of all concerned.
- 9.3 While reasonable precautions will be taken (a first aid-kit and a very reliable medical student will be on site), Singapore High Jump will not be responsible or in any way liable for any death, disability, personal injury, loss of property or any other loss howsoever arising from any cause whatsoever at any time during the course of the competition.

## APPENDIX A

